

This course will answer a couple questions commonly heard: 'How can I Be The One?' And 'What is in the Legion for Me?' This course, in conjunction with the Medical College of WI will give you the resources and knowledge to be the peer mentor at your Post, County or District for at-risk veterans in your area. The course will educate you about:

- ♦ Trauma
 - ♦ 3 types of trauma
 - Immediate/short-term responses and effects
 - **♦** Long-term effects− PTSD
- ◆ PTSD
 - ♦ Signs
 - **♦** Symptoms
 - ♦ Stigma
- **♦** Peer Mentoring
 - What Peer Mentoring is
 - Definitions
 - **♦** Why it is important
 - ♦ Who could be a Peer Mentor
 - What Mentors do
 - **♦** What Peer Mentoring is not
- ♦ Common Issues
 - **♦** Mental Health
 - ♦ Behavior
 - Resources
 - Relationships
 - **♦** Financial

AMERICAN LEGION PROGRAMS SPOTLIGHT AND Q & A

Some of the Legion Program chairs will be doing presentations on their programs, along with displays and program information.

At the conclusion of the presentations, there will be the opportunity for a Q&A session.

The following will be giving presentations:

- **♦** County Youth Government Chair Candace Rothering
- ◆ Legion Baseball & Softball Commissioner Roger Mathison
- Badger Boys State Director Bill Cosh
- Wisconsin American Legion Law Enforcement Career Academy Jim Johnson
- Oratorical Chair Robert Stone
- ♦ Shooting Sports Chair DuWayne Wieck

AMERICAN LEGION AUXILIARY

- Meet from 8 AM-1 PM
- Fun Activities
- ♦ Presentation by Department Adjutant Julie Muhle

WISCONSIN GAMING COMMISSION

The Wisconsin Gaming Commission will join us at Midwinter to discuss charitable gaming. You will have a better understanding of:

- ♦ Bingo & Raffle regulations
- Conduct & record keeping requirements for raffles & bingo
- ♦ Legal issues with bingo & raffles (Who is liable)
- ◆ Updates from DATCAP concerning meat raffles, and DFI's update to fundraising

EGIONN—WISCONSIN—

2024 MIDWINTER CONFERENCE LEGION FAMILY TRAINING

Saturday, January 20, 2024

La Crosse Center 300 Harborview Plaza La Crosse, WI 54601 Training Schedules Subject To Change For more information go to wilegion.org



THE ONE ON ONE YOU CAN'T GET ONLINE!

Wisconsin American Legion College (WALC) will be offering training for all Legion Family Members. Don't miss this exciting event!

POST COMMANDERS COURSE

If you are currently a Post Commander, or are interested in becoming a Post Commander, this is the course for you!

- Enhance your skills as a Post Commander
- ♦ Better understanding of what to expect as a Post Commander

POST ADJUTANT'S COURSE

If you are currently a Post Adjutant, or are interested in becoming a Post Adjutant, this is the course for you!

- ♦ Enhance your skills as a Post Adjutant
- ♦ Better understanding of what to expect as a Post Adjutant

COUNTY COMMANDER COURSE

If you are currently a County Commander, or are interested in becoming a County Commander, this is the course for you!

- Enhance your skills as a County Commander
- ♦ Better understanding of what to expect as a County Commander

SERVICE OFFICER'S TRAINING

James Fialkowski from The American Legion Department Service Office will be holding Service Officer Training.

Things that will be covered:

- US Department of Veterans Affairs Benefits - VA Health, VA Education, VA Benefits and VA Cemetery/Burial
- Wisconsin State Veteran Benefits -Education, Cemetery/Burial, Assisted Living/Nursing Home, Benefits for P&T Veterans and Surviving Spouses
- <u>NEW INFORMATION</u> affecting veterans health care

MYLEGION.ORG

Are you frustrated with the new MyLegion.org? Well you are not alone, and this course is your answer.

This course will cover:

- ♦ How to set up your site
- **♦** How to find reports
- ♦ How to process membership
- **♦** How to utilize resources

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GENERATIONAL LEADERSHIP ISSUES

Learn how to:

- **♦** Communicate across generations
- Understanding the differences
- **♦** Solving differences

"Tell me and I forget, teach me and I may remember, involve me and I learn."

- Benjamin Franklin

BACK BY POPULAR DEMAND!

FUNERAL HONORS

(Note: This is not a certification class)

Funeral Honors will cover:

- ♦ Presentation from WI Department of Veterans Affairs & WI Army National Guard
- ♦ How Honors are Coordinated by WDVA
- ♦ Role of the WI Army National Guard in Funeral Honors
- ♦ How Stipend Payments for Honors are Processed and Paid
- **♦** Flag Folding Demonstration
- ♦ Common Issues Arising at Honors Services

MI GARAND TRAINING

Jim Johannes will be back after a short hiatus to assist posts with the care of there M1 Garand ceremonial rifles.

- Maintaining Blank Firing M1 Garands
- **♦** Key Aspects of Garand Functions
- Parts Identification, Maintenance & Replacement
- Proper Assembly for Reliable Function
- **♦** Ammunition Issues

HOW TO START A SQUADRON

SAL Leadership will be offering their time and experience for Post members, such as:

- ♦ How to start a Squadron
- Requirements for Starting a Squadron
- Q&A Session